

#### DEPARTMENT OF PHYSIOTHERAPY

### DOLPHIN PG INSTITUTE OF BIOMEDICAL & NATURAL SCIENCES

#### **SESSION 2021-22**

Department of Physiotherapy, DIBNS along with EDP cell organised a EDP Workshop on "Fuelling growth in Physiotherapy students." on 23/May/2022. The Speaker for the event was Dr Ashi Sethiya, founder Physio Zest. Dr Sethiya explained the importance of pleasing manners, an empathetic and caring attitude, excellent communications skills, analytical thinking and the ability to connect with people in the field of Physiotherapy. Students also Practiced SWOT analysis for personality upliftment. Faculty of the Department and EDP cell members were present during the event.

Dr Sethiya explained the students that a Physiotherapist (also known as a Physical Therapist) is a very important member of the healthcare team where his responsibility is to rehabilitate patients back to normal without medicines by the use of exercise, manual therapy, rehabilitation techniques and physical activity. She focused that a physical therapist's job involves helping patients to recover and/or rehabilitate from a state of having been incapacitated from neurological, musculoskeletal, cardiopulmonary, sports, geriatrics, oncology impairments among others. He/she has the responsibility to help restore the patient's body to its optimal functioning level. They are also key health professionals in the prevention of injuries including on-field sports injuries, and treat the reactions and responses of the body to injury, disease or abnormalities in development.

The students asked the future prospective of the profession. Dr Sethiya added that a physiotherapy student has an option to pursue higher education after BPT and can also specialize in the field of physiotherapy. BPT graduates are also eligible for courses like hospital administration, business management, public health management & various other postgraduate programs. The normal pay package for a Physiotherapist working in a hospital starts with a minimum Rs. 5-6 lakhs per annum. With experience, remuneration increases depending on the work output and the type of organization he/she is working in. HOD, Dr Deptee Warikoo along with other faculty thanked Dr Setiya for her time and management for the support they gave. 122 students were present.



### Dolphin (PG) Institute of Bio-Medical & Natural Sciences, Manduwala, Dehradun

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# Dolphin (PG) Institute of Bio-Medical & Natural Sciences, Manduwala, Dehradun

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