

CERTIFICATE COURSE IN NUTRITION

ONE WEEK COURSE: 23th -30th APRIL, 2022

COURSE FEE: 500/= (FIVE HUNDRED ONLY)

NUMBER OF CONTACT HOURS: 30



ORGANIZED BY

DEPARTMENT OF BIOCHEMISTRY

**DOLPHIN (PG) INSTITUTE OF BIOMEDICAL AND
NATURAL SCIENCES, DEHRADUN (UK)**

The course was started in year 2019 keeping in view the need for knowledge of nutrition for physiotherapy students. The course covers the basic concept and advanced knowledge of nutrition.

This year course was scheduled from 23rd April, 2022 to 30th April, 2022. On the first day the students were formally registered and registration kit were distributed. The course started with the inaugural address of Prof. Shailja Pant, Principal Dolphin (PG) Institute, Dehradun in which she discussed the importance of such add on courses. The inaugural address was followed by lecture of Dr. Gyanendra Awasthi, Coordinator, Certificate course in nutrition in which he presented the brief outline of the course.

In subsequent days lectures were delivered by different experts on the various topics. Experts who delivered the lectures were Dr. Gyanendra Awasthi, Head Department of Biochemistry, DIBNS, Dehradun on the basics of nutrition including BMR measurement and calculation of calorie requirements, Dr. Ashwani Kumar Sanghi, Assistant Professor, Department of biochemistry, DIBNS, Dehradun on food additives, Dr. Shivsaran Singh Assistant Professor, Department of Biochemistry, DIBNS, Dehradun on obesity and its management, Dr. Deepti Wariko, Head, Department of Physiotherapy on female Health and Nutrition, Mrs. Megha Singh, Dietician, Synergy Institute of Medical Sciences, Dehradun (UK) on management of Atherosclerosis, Mrs. Jyoti Darbari, Faculty Nutrition, AIIMS, Rishikesh on General aspect of Nutrition, Miss Safia Hasan, Assistant Professor, Department of MLT, PLMS, Rishikesh on diet management in kidney diseases

The basic practicals related to nutrition were conducted by Mr. Suresh Sati, Lab Technician, Department of Biochemistry.

On the last day test was conducted to evaluate the knowledge of students in which all students were passed and 26 students scored more than 75%. The certificates were distributed to all successful students by coordinator, IQAC Coordinator and Principal.

LIST OF REGISTERED STUDENTS

S.NO	NAME OF STUDENT	FATHER'S NAME	CLASS
1.	AAYUSHI VERMA	MR. YOGENDRA VERMA	MPT IST
2.	ABHISHEK	MR. SUBHAS CHAND	MPT IST
3.	ALHAZ MANSURI	MR. AMIN V. MANSURI	MPT IST
4.	ANAMIKA BHANDARI	MR. SURESH KANT BHANDARI	MPT IST
5.	ANJALI PANDEY	MR. D. K. PANDEY	MPT IST
6.	ASHUTOSH KUMAR	MR. SUBODH KUMAR	MPT IST
7.	BEENU	MR. SHIV KUMAR	MPT IST
8.	DEEPANSHU JOSHI	PRAMOD JOSHI	MPT IST
9.	DEV PARKASH	MR. SAWALI MOHAN	MPT IST
10.	DIKSHA GAWANDE	MR. P.J. GAWANDE	MPT IST
11.	DIVYA VASISHTHA	MR. KRISHAN KUMAR	MPT IST
12.	HIMANI GOYAL	LATE SHRI SATISH KUMAR GOYAL	MPT IST
13.	INDU	MR.	MPT IST
14.	JAY KUMAR	MR. SHYAM LAL GOUND	MPT IST
15.	JULIUS CHOWDHURY	MR. JAHAR LAL CHOUDHURY	MPT IST
16.	KAVITA JOSHI	MR. POONAM CHANDRA JOSHI	MPT IST
17.	KUSHAL MANGHNANI	MR. PRITAM DAS MANGHNANI	MPT IST
18.	MEHAK DEEP KAUR	MR. ANOOP SINGH	MPT IST
19.	NAMITA TANEJA	MR. RAJIV TANEJA	MPT IST
20.	NASEEMA	MD. SAMIULLAH	MPT IST
21.	NIDHI RAWAT	MR. HEERA LAL RAWAT	MPT IST
22.	NISHA YADAV	MR. RAJESH YADAV	MPT IST
23.	NISHI JAIN	MR.	MPT IST
24.	PRIYAL KAPIL	MR. JITENDRA KAPIL	MPT IST
25.	PULAST KUMAR SAHU	MR. RAM KUMAR SAHU	MPT IST
26.	RASHMI VERMA	MR. RAMESH KUMAR VERMA	MPT IST
27.	RESHMA PARVEEN	MR. MANNAVAR AHMED	MPT IST

28.	SAKSHI JAIN	MR. AMAL JAIN	MPT IST
29.	SAKSHI JALOTRA	MR. SURENDRA MOHAN	MPT IST
30.	SAKSHI KUKSHRESTHA	MR. I.P. KULSHRESTHA	MPT IST
31.	SANGHAMITRA BHATTACHARJEE	MR. JOY SANKAR BHATTACHARJEE	MPT IST
32.	SHIVANGI GUPTA	MR. RAM PRAVESH GUPTA	MPT IST
33.	SHIVANI CHAUDHARY	MR. SURINDER SINGH	MPT IST
34.	SHRUTI WADEKAR	MR. VIKAS V WADEKAR	MPT IST
35.	SIMRAN GUPTA	MR. RAJESH GUPTA	MPT IST
36.	SITEESHWARI	MR.	MPT IST
37.	SONALI KUSHWAHA	MR. M.G. KUSHWAHA	MPT IST
38.	SONIYA SWARNKAR	MR. NARENDRA SWARNKAR	MPT IST
39.	SUMAN NEGI	MR. BACHAN SINGH NEGI	MPT IST
40.	SUMAN RAWAT	MR. PUSHKAR SINGH	MPT IST
41.	SURBHI SHARMA	MR. SANJAY SHARMA	MPT IST









